



# Mr. Daniel Steiner

MBBS (Hons), FRACS Urology

## Urologist

**Appointments & Correspondence via:**

Suite 8.6, Level 8, Danks Wing

Epworth Hospital, 89 Bridge Road, Richmond 3121

Phone: Rooms 03 9421 3911 Fax 03 9421 3877

We prefer to send & receive letters via Argus

Pager: 03 9387 1000

Web: [www.steinerurology.com.au](http://www.steinerurology.com.au)

[www.melbournekidneystonedclinic.com.au](http://www.melbournekidneystonedclinic.com.au)

Email: [daniel@steinerurology.com.au](mailto:daniel@steinerurology.com.au)

ABN: 26 177 358 924 Prov No: 253193AF

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## **Cystoscopy (Flexible & Rigid cystoscopy):**

A cystoscopy is a camera inspection of the lower urinary tract. This will include the urethra (penile urine tube), prostate and bladder.

The procedure may either be performed with a small flexible fibre-optic camera (flexible cystoscopy) or a rigid telescope depending on the indication for the procedure.

The procedure will be performed either under sedation (a twilight anaesthetic) or a general anaesthetic (completely asleep with a breathing tube device). The anaesthetic will be based upon the indication for the procedure. You will also have a local anaesthetic gel inserted into the urethra at the start of the procedure. You will have very minimal if any discomfort during the procedure.

You will receive a dose of intravenous antibiotics prior to the procedure to reduce the risk of a urine infection.

The procedure typically takes 10 minutes and is a day procedure.

You may have 1 or more biopsies/samples taken from the bladder during the procedure depending upon the indication.

If a polyp or tumour is detected, this will be removed at the time of the procedure.

You will be discharged from hospital once you have passed urine and spoken to Dr Steiner.

The procedure is typically very well tolerated, however some minor side effects to expect include:

- Dysuria – burning passing urine for 1-3 days
- Blood in urine for up to 1-3 days
- Small risk of urine infection